



**CAMBRIDGE UNITED  
FOUNDATION**

**PARTICIPANT GUIDE**





WELCOME TO

# CAMBRIDGE UNITED FOUNDATION

Thank you for joining us and getting involved in our programmes.

We are extremely passionate about serving our Cambridge community and supporting local people.

**Our mission is to be 'A Foundation for Cambridge - United for a Bright Future.'**

The purpose of this guide is to provide you with some key information that will help you make the most of what we have to offer.

At the Foundation, our values are an essential part of our code of conduct. Not only are they for our staff to follow, but also our participants, helping create an environment that is supportive and enjoyable for everyone.



**CODE OF  
CONDUCT**

## OUR CORE VALUES

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### ASPIRATIONAL

Driven by change in our community.

### HONEST

Through professionalism and individual integrity.

### RESILIENT

No matter the challenges or setbacks.

### INCLUSIVE

By listening, understanding, and forming meaningful relationships.

# SESSIONS

We have a range of programme areas, which cater to different groups of people. Through these sessions, we strive to engage participants across three priority groups:



**YOUNG PEOPLE** |

**ADULTS** |

**OLDER ADULTS**

## WHAT TO BRING

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- WATER
- FOOTWEAR & CLOTHING
- FOOD (IF REQUIRED)
- SHIN PADS (IF REQUIRED)
- MEDICATION

## HOW TO SIGN UP

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USE THE QR CODE ABOVE TO BOOK INTO OUR SESSIONS.

# SAFEGUARDING

Safeguarding and the safety of our participants is always Cambridge United Foundation's primary concern.

**"We will give equal priority to keeping everyone safe, regardless of their age, disability, gender reassignment, race, religion or belief, sex or sexual orientation."**



**MEL BRASHER**

SAFEGUARDING OFFICER

MELB@CAMBRIDGEUNITED.COM



**VICKI NEAL**

HEAD OF FOUNDATION

VICKYN@CAMBRIDGEUNITED.COM

## WHAT TO REPORT

IF YOU FEEL MISTREATED, THREATENED, OR IN DANGER, WE ENCOURAGE YOU TO REPORT WHAT HAS HAPPENED, INCLUDING THE FOLLOWING DETAILS.

**WHO | WHAT | WHEN | WHERE**

YOU CAN REPORT THIS TO EITHER OF THE INTERNAL SAFEGUARDING MEMBERS ABOVE OR EXTERNAL PAGES ON THE NEXT PAGE.

**IF YOU ARE AT IMMEDIATE RISK,  
PLEASE CALL 999.**



**SAFEGUARDING POLICY**

# SUPPORT SERVICES

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BELOW ARE A NUMBER OF KEY CONTACTS AND HELPFUL RESOURCES TO SUPPORT YOU.

## FOOTBALL CONTACTS



## CHILD WELLBEING SERVICES



YOUNGMINDS



NSPCC

## ADULT AND CHILD WELLBEING SERVICES



SAMARITANS

COUNTY ADULT SERVICES

# FINDING US

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Directions into the stadium from Newmarket Road can be found below, our address is:

**CLEDARA ABBEY STADIUM  
NEWMARKET ROAD  
CAMBRIDGE  
CB5 8LN**

To view other session locations and what programmes are available near you, scan the QR code.

